

Pharmacology of Karaviradi Varga According to Dhanwantari Nighantu

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ABSTRACT

The *Karaviradi Varga* is a group of drugs used in various diseases. The *Karavira*, *Dhattura*, *Langali*, *Bhringaraj*, *Arkapushpa*, *Kakamachi*, *Moolak*, *Shigru*, *Sarshapa*, *Bhustrina*, *Tulasi*, *Jambira*, *Kutheraa*, *Sumukha*, *Asuri* drugs are taken and mixed with *Takra* (Butter milk) and *Sauvira* (Fermented barley water) liquid and applied on skin relieve *Sidhma*, *Pama*, *Pitaka*, *Krimi*, *Kustha* etc skin diseases. The oil is prepared by these drugs and applied on skin helps to relieve skin diseases. The *Kandira*, *Jalapippali*, *Rasona*, *Grinjana*, *Palandu*, *Durduma* are used in the *Kriminashana* (Worms infestation). The *Kadali*, *Sindhuvara*, *Nirgundi*, *Aparajita*, *Jantukara*, *Bharangi*, *Varahikanda*, *Mamsarohini*, *Suryakanta*, *Nakuli*, *Gandhanakuli*, *Vidhara*, *Raktapadi*, *Shankhapushpi*, *Tanduli*, *Kasamarda* these drugs are triturated in goat's urine and used as *Nasya* as well as *Dhooma* (Smoking) alleviate *Grahadosha*, *Jwara*, *Bhuta*, *Graha*, *Unmada*, *Murcha*, *Mutrakrichra*, *Lootavisha* (Spider poisoning), *Kritrima* and *Jangama Visha* effects, *Sarpa Visha* (Snake poisoning), Scorpion bite. The *Ikshu*, *Kasha*, *Darbha*, *Kusha*, *Shara*, *Vamsha*, *Nala*, *Durva*, *Shweta*, *Neela*, *Rakta Kumuda*, *Kamala*, *Kamalabeeja*, *Kamalanala*, *Kamalakeshara* are used in *Raktapitta Vikara* (Bleeding diseases). The present work dealt the number of drugs and their pharmacological actions.

Keywords: *Dhanwantari Nighantu*. *Karaviradi Varga*, *Dhanttura*, *Langali*, *Bhringaraj*, *Moolak*, *Shigru*, *Sarshapa* etc

INTRODUCTION

Dhanvantari Nighantu is one of the oldest Ayurvedic materia medica placed

between 8th -10th AD. The original name of this lexicon is *Dravyavali Samucchaya*. This book contains seven *Vargas* namely; *Guduchadi Varga*, *Shatapushpadi Varga*, *Chandanadi Varga*, *Karaviradi Varga*, *Amradi Varga*, *Suvarnadi Varga*, and *Mishrakadi Varga*, and the total numbers of drugs are 527. The drugs are classified in this book are on the basis of *Rasa*, *Guna*, *Virya*, *Vipaka* etc. The *Karaveeradi Varga* contains 75 drugs which are small plants and herbs. Viz; *Karavira*, *Chakramarda*, *Dhattura*, *Langali*, *Bhringaraja*, *Arka*, *Rajarka*, *Buka*, *Kakamachi*, *Kakajangha*, *Kakanasa*, *Kakadani*, *Chudamani*, *Shweta Kamboji*, *Moolaka*, *Chanakyamoola*, *Grinjana*, *Shigru*, *Sarshapa*, *Rajakshavaka*, *Bhustrina*, *Surasa*, *Jambira*, *Kutheraka*, *Shaluka*, *Sumukha*, *Asura*, *Kandira*, *Jalapippali*, *Rasona*, *Garjana*, *Palandu*, *Kadali*, *Kasthakadali*, *Sindhuvara*, *Shephalika*, *Ashwakhura*, *Jantukari*, *Padmacharini*, *Varahikanda*, *Mamsarohini*, *Vandaka*, *Suvarchala*, *Bramhi*, *Nakuli*, *Gandhanakuli*, *Vridhdharu*, *Raktapadi (Lajjalu)*, *Hamsapadi*, *Shankhapushpi*, *Vishnukranta*, *Tanduliya*, *Kasamarda*, *Ikshu*, *Guda*, *Kasha*, *Munja*, *Darbha*, *Shara*, *Vamsha*, *Nala*, *Mahanala*, *Durva*, *Shwetadurva*, *Gandadurva*, *Pundarika*, *Saugandhika*, *Raktapadma (Raktotpala)*, *Kumuda*, *Kshudrotpala*, *Padmini*, *Padmabeeja*, *Mrinala*, *Padmamoola*, *Padmakeshara*.

DISCUSSION

KARAVIRA^[1]- *Nerium indicum* Mill, Apocynaceae. The *Karavira* is

Katu(Pungent) and *Tikta*(Bitter) in taste, *Ushna Virya*(Hot in potency). It alleviates *Jwara*(Fever), *Netraroga*(Eye diseases), *Kustha*(Skin diseases), *Kandu*(Itching sensation), *Visha*(Poison effects).

CHAKRAMARDA^[1]- *Cassia tora* Linn, Leguminosae. The *Chakramarda* is *Katu*(Pungent) taste, *Ushna Virya*(Hot in potency), alleviate *Vata* and *Kapha* Doshas, *Dadru*(Itching or urticaria), *Kandu*(Itching sensation), gives *Kanti*(Glow), and *Mruduta* (Moisturizes) the skin.

DHATTURA^[2]- *Datura starmonium* Linn, Solanaceae. The *Dhattura* is *Katu*(Pungent) in taste, *Ushna Virya*(Hot in potency), *Kantidayaka* (Gives glow to the skin), *Vrinashamaka* (Heals wound). The *Lepa* (External application) of *Dhattura* alleviate *Kustha*(Skin diseases), *Mutrakrichra* (Dysuria), *Kandu*(Itching sensation), *Jwara*(Fever), induces *Bhrama*(Confusion).

LANGALI^[2]- *Gloriosa superba* Linn, Liliaceae. The *Langali* is *Katu*(Pungent), *Tikta*(Bitter) in taste, *Ushna Virya*(Hot in potency), *Sara*(Laxative), alleviate *Kapha* and *Vata Doshas*, *Shotha*(Edema), *Vrina* (Heal wounds and ulcers).

BHRINGARAJA^[2]- *Eclipta alba* Hassk, Compositae. The *Bhringaraja* is *Tikta*(Bitter), *Ushna Virya*(Hot in potency), *Ruksha*(Dry). It subside *Kapha Dosh*, *Shotha* (Edema), *Pandu*(Anemia), *Twakvikara* (Skin diseases), *Hridroga* (Cardiac ailments), *Visha*(Poison effects).

ARKA^[2]- *Calotropis procera* (Ait) R. Br. Asclepiadaceae. The *Arka* is *Katu*(Pungent), *Ushna Virya*(Hot in potency), *Saraka*(Laxative), *Agnideepana*(Appetizer). It alleviate *Shotha*(Edema), *Vrina*(Heal wounds and ulcers), *Kandu*(Itching sensation), *Pleehavridhhi*(Splenomegaly), *Krimi*(Worms infestation).

RAJARKA^[2]- *Calotropis gigantea* (Linn) R. Br. Ex. Ait, Asclepiadaceae. The *Rajarka* is *Katu*(Pungent), *Tikta*(Bitter) in taste, *Ushna Virya*(Hot in potency), alleviate *Kapha*, *Vata Doshas*, *Medaroga*(Obesity), *Visha* (Poison effects), *Kustha*(Skin diseases), *Vrina* (Heal wounds and ulcers),

Shopha(Edema), *Kandu*(Itching sensation), *Visarpa*(Herpes).

BUKA^[3]- *Osmanthus fragrans* Lour, Oleaceae. The *Shivamallika* is *Katu* (Pungent), *Tikta*(Bitter), *Ushna Virya*(Hot in potency). It heal wounds and ulcers, *Kaphajanya Vikara*(Diseases of *Kapha Doshas*).

KAKAMACHI^[3]- *Solanum nigrum* Linn, Solanaceae. The *Kakamachi* is *Saraka* (Laxative), *Swarya*(Improves voice), *Tikta*(Bitter), *Vata*, *Pitta* and *Kapha Doshas*, *Ushna Virya*(Hot in potency), *Vajikara* (Aphrodisiac), *Rasayana* (Rejuvenating), subside *Kustha*(Skin diseases).

KAKAJANGHA^[3]- A variety of *Kakamachi*. The *Kakajangha* is *Tikta* (Bitter), *Ushna Virya*(Hot in potency), alleviate *Raktapitta*(Bleeding diseases), *Jwara*(Fever), *Krimi*(Worms), *Visha*(Poison effects). It helps to improve complexion.

KAKANASA^[3]- A variety of *Kakamachi*. The *Kakanasa* is *Tikta*(Bitter), *Katu* (Pungent), *Ushna Virya*(Hot in potency), *Atibaddha Shodhayati*(Relieves constipation / Hard stool), heal wounds and ulcers.

KAKADANI^[3]- *Cardiospermum halicacabum*, Sapindaceae- A variety of *Kakamachi*. The *Kakadani* is *Tikta*(Bitter), *Ushna Virya*(Hot in potency), *Vajikara* (Aphrodisiac), *Grahabadhanashaka*(Anti viral and Antibacterial / removes external evil spirits), *Keshya*(Good for hair). It subsides *Urdhwajatrugata Vikara*(Diseases of head and neck).

CHUDAMANI^[3]- A variety of *Kakamachi*. The *Chudamani*(Gunja) is *Ruksha*(Dry), *Tikta* (Bitter) in taste, *Ushna Virya*(Hot in potency), alleviate *Vishadosha*(Poison effects), *Krimi*(Worms).

SHWETAKAMBHOJI^[4]- *Arisaema consanguineum* Schott, Araceae - A variety of *Kakamachi*. The white and *Shweta Gunja* are *Sheetoshna* (neither hot nor cold), *Vajikara*(Aphrodisiac). The seeds are *Vamaka* (Induces vomiting), the roots are *Shoolahara* (Analgesic), *Vishanashaka* (Subside poison).

MOOLAKA^[4]- *Raphanus sativus* Linn, Cruciferae. The *Moolaka* is *Guru*(Heavy), *Visthambhi*(Causes constipation), *Teekshna* (Penetrating), *Katu*(Pungent) in taste, *Ushna Virya*(Hot in potency), subside *Vata*, *Pitta* and *Kapha* Doshas. The dried *Moolaka* is *Vishanashaka*(Subside poison effects), *Laghu*(Light), *Tridoshahara*(Subside *Vata*, *Pitta* and *Kapha* Doshas).

CHANAKYAMOOLAKA^[4]- A variety of *Moolaka*. The *Chanakyamoolaka* is *Tikta*(Bitter), *Katu*(Pungent), *Ruchikaraka* (Promotes taste), *Agnidipana*(Appetizer), *Grahi*(Absorbent). It subside *Kapha* and *Vata* Doshas, *Krimi*(Worms), *Gulma* (Visceral organ diseases).

GRINJANA^[4]- A variety of *Moolaka*. The *Grinjana* is *Madhura*(Sweet), *Tikta*(Bitter), *Katu Vipaka*(Pungent at post digestive effect), *Guru*(Heavy), *Vatanashaka* (Subsides *Vata* Doshas).

SHIGRU^[4]- *Moringa pterygosperma* Gaertn, Moringaceae. The *Shigru* is *Katu*(Pungent), *Tikta*(Bitter). It alleviate *Kapha*, *Vata* Doshas, *Krimi*(Worms), *Ama*(Toxins), *Visha*(Poison), *Meda* (Obesity), *Vidradhi*(Edema), *Pleeha* (Splénomegaly), *Gulma*(Visceral organ diseases).

SARSHAPA^[5]- *Brassica campestris*, Cruciferae. The *Sarshapa* is *Ushna Virya*(Hot in potency), *Rakshogna*(Anti viral and anti-bacterial), *Katu*(Pungent), *Snigdha*(Demulcent). It subside *Kapha* and *Vata* Doshas, *Krimi*(Worms), *Kandu* (Itching), *Kustha*(Skin diseases), relieves *Vata* from ear and head region.

RAJAKSHAVAKA^[5]- *Brassica nigra* Linn, Brassicaceae. A variety of *Sarshapa*. The *Rajika* is *Katu*(Pungent), *Tikta*(Bitter), *Ruchikaraka*(Promotes taste), aggravates *Pitta* Dosh, *Netra* and *Basti Dushikara*. It subside *Kapha* Dosh, *Krimi*(Worms).

BHUSTRINA^[5]- *Hyptis suaveolens* Poit, Labiatae. The *Bhustrina* is *Laghu*(Light), *Ushna Virya*(Hot in potency), *Ruksha*(Dry), *Krimighna*(Subside worms), *Kapha Vikara Nashaka*(Subside *Kaphaja* diseases).

SURASA^[5]- *Ocimum sanctum* Linn, Labiatae. The *Tulasi* is *Laghu*(Light),

Ushna Virya(Hot in potency), *Ruksha*(Dry), *Ruchikaraka*(Promotes taste), *Agnidipaka* (Appetizer). It alleviate *Krimi*(Worms).

JAMBIRA^[5]- *Citrus limon* Linn, Rutaceae. The *Phanijjaka* is *Sheeta Virya*(Cold in potency), *Tikta*(Bitter) in taste, *Ruksha* (Dry), *Kaphanashaka*(Subsides *Kapha* Doshas), *Ruchikara*(Taste promoter), *Mukhasaugandhakara*(Relieves foul breath).

KUTHERAKA^[5]- *Orthosiphon spiralis* Linn Lamiaceae- The *Kutheraka* is *Sheeta Virya*(Cold in potency), *Tikta*(Bitter). It alleviate *Visha*(Poison), *Raktadosha*(Blood diseases), *Kapha* diseases.

SHALOOKA^[6]- *Nymphaea nuchali* Burm.f. Nymphaeaceae- A variety of *Kutheraka*. The *Kutheraka* is *Katu*(Pungent), *Ushna Virya*(Hot in potency), *Ruchikaraka*(Taste promoter), *Sukhaprasavakara*, alleviate *Kapha* and *Vata* disorders, *Netrarogas*(Eye diseases), *Visha*(Poison).

SUMUKHA^[6]- The *Sumukha* aggravates *Pitta* Dosh, subside *Parshwashoola*, *Kapha*, *Vata* Doshas, *Visha*(Poison), *Shwasa* (Dyspnoea), *Kasa*(Cough), *Durgandha* (Foul breath).

ASURI^[6]- *Brassica juncea* Linn, Cruciferae. The *Rajika* is *Katu*(Pungent), *Tikta*(Bitter), *Ushna Virya*(Hot in potency). It subside *Kustha*(Skin diseases), *Kapha* Dosh, *Gulma* (Visceral organ diseases), *Nidrakara* (Induces sleep), *Shotha*(Edema), *Gruhabadhakara*.

KANDIRA^[6]- *Ranunculus scleratus* Linn, Ranunculaceae. The *Kandira* is *Katu* (Pungent), *Tikta*(Bitter), *Ushna Virya*(Hot in potency), *Saraka*(Laxative). It alleviate *Dusthavrina*(Chronic wounds), *Lootavisha* (Spider poisoning), *Gulma* (Visceral organ diseases), *Udararoga* (Abdominal diseases), *Pleeha* (Splénomegaly), *Shoola*(Pain), *Mandagni* (Loss of appetite).

JALAPIPALI^[6]- *Lippia nodiflora* Mich, Verbenaceae. The *Jalapippali* is *Tikta* (Bitter), *Kashaya*(Astringent). It alleviate *Kapha* and *Pitta* Doshas, *Shwasa* (Dyspnoea), *Raktadosha*(Blood diseases), *Visha*(Poison), *Daha*(Burning sensation), *Peeda*(Pain), *Bhrama*(Confusion), *Moorcha* (Giddiness), *Trishna*(Excess thirst).

LASHUNA^[7]. *Allium sativum* Linn, Liliaceae. The *Rasona* is *Ushna Virya*(Hot in potency), *Katu*(Pungent), *Picchila* (Sticky), *Snigdha*(Demulcent), *Guru* (Heavy), *Madhura*(Sweet), *Balya*(Promotes strength), *Vajikara*(Aphrodisiac), *Medhya* (Brain tonic), *Swarya*(Improves voice), *Varnya* (Improves complexion), *Chakshushya* (Good for eyes), *Bhagnasandhanakara* (Heals fracture), *Teekshna* (Penetrating).

MAHAKANDA^[7]. *Allium ascalonicum* Linn, Liliaceae. The *Maharasona* is *Hridya* (Cardio tonic), alleviate *Jeerna Jwara*(Chronic fever), *Udarashoola*(Pain abdomen), *Vibandha*(Constipation), *Gulma* (Visceral organ diseases), *Aruchi*(Loss of taste), *Mutrakrichra*(Dysuria), *Shotha* (Edema), *Agnimandya*(Loss of appetite), *Kustha* (Skin diseases), *Krimi*(Worms), *Kapha* diseases.

GARJARA^[7]. *Daucus carota* DC, Umbellifera. The *Garjara* is *Madhura* (Sweet) in taste, *Ruchikaraka*(Taste promoter), *Katu*(Pungent), subsides *Kapha Dosh*a, *Adhmana*(Distention of the abdomen), *Krimi*(Worms), *Shoola*(Pain), *Daha* (Burning sensation), *Pitta*, *Jwara*(Fever).

PALANDU^[7]. *Allium cepa* Linn, Liliaceae. The *Palandu* is *Madhura Vipaka*(Sweet at post digestive effect), *Kaphavardhaka* (Aggravates *Kapha Dosh*a), subsides *Pitta* and *Vata Dosh*as.

KADALI^[7]. *Musa sapientum* Linn, Musaceae. The *Kadali* is *Madhura*(Sweet), *Kashaya*(Astringent), *Sheeta Virya*(Cold in potency), *Manohara*(Satisfying), *Pittanashaka* (Subsides *Pitta Dosh*a). *Kadali Kanda*(Stem) is *Vatavrdhaka* (Aggravates *Vata Dosh*a), *Ruksha*(Dry), *Sheeta Virya* (Cold in potency), subside *Raktasrava* (Bleeding), *Krimi*(Worms), *Kustha*(Skin diseases).

KASTHA KADALI^[8]. A variety of *Kadali* (Banana). The *Kasthakadali* is *Ruchikaraka* (Taste promoter), *Raktapittahara*(Subsides blood disorders), *Sheeta Virya*(Cold in potency). It is *Guru*(Heavy), *Mandagnikara*

(Decreases appetite), *Durjara*(Difficult for digestion), *Madhura* (Sweet).

SINDHUVARA^[8]. *Vitex negundo* Linn, Verbenaceae. The *Nirgundi* is *Katu* (Pungent), *Tikta*(Bitter) in taste, *Ushna Virya* (Hot in potency). It alleviate *Krimi*(Worms), *Kustha*(Skin diseases), *Vata* and *Kapha Dosh*as, *Pleeharoga*(Spleen disorders), *Gulma*(Visceral organ diseases), *Aruchi*(Loss of taste).

SHEPHALIKA^[8]. *Nyctanthes arbor-tristis* Linn, Oleaceae

ASHWAKHURA^[8]. *Cletozia ternateae*, Leguminosae- The *Ashwakhura* is *Tikta*(Bitter), *Pittashamaka*(Subsides *Pitta Dosh*a), *Chakshusya*(Good for eyes), *Visha*(Poison), subside *Vata*, *Pitta* and *Kapha Dosh*as.

JANTUKARI^[8]. *Ferula foetida*, Apiaceae. The *Jantuka* is *Sheeta Virya*(Cold in potency), *Tikta*(Bitter), alleviate *Raktadosha*(Blood disorders), *Pitta Dosh*a, *Visha*(Poison).

PADMACHARINI^[8]. *Nervilla aragoana* Gaud, Orchidaceae. The *Padmacahrini* is *Sugandhita*(Aromatic), *Tikta*(Bitter). It subside *Moha*(Craving), *Apasmara* (Epileptic attacks).

VARAHI^[9]. *Dioscorea bulbifera* Linn, Dioscoraceae. The *Varahi* is *Tikta*(Bitter) in taste, *Katu*(Pungent), *Katu Vipaka* (Pungent in post digestive effect), *Sheeta Virya*(Cold in potency), *Hridya*(Cardiac tonic), *Balya*(Tonic), *Rasayana* (Rejuvenating). It alleviate *Kustha*(Skin diseases), *Krimi*(Worms), *Visha*(Poison).

MAMSAROHINI^[9]. *Soymida febrifuge* A. Juss, Meliaceae, The *Mamsarohini* is *Katu*(Pungent), *Tikta*(Bitter) in taste, *Ushna Virya*(Hot in potency), *Swarya*(Good for voice), *Rasayana*(Reguvenating), *Kashaya* (Astringent), *Grahi*(Absorbent), *Varnya* (Improves complexion), subsides *Raktapitta*(Bleeding disorders).

VRINDAKA^[9]. *Loranathus longiflorus* Desr, Loranthaceae. The *Vrindaka* is *Sheeta Virya* (Cold in potency), *Laghu*(Light), *Grahi* (Absobent), *Vrinaropana*(Heals wounds and ulcers).

SUVARCHALA^[9]. *Cleome viscosa*, Cleomaceae- The *Suvarchala* is *Katu*(Pungent) in taste, *Ushna Virya*(Hot in potency), *Medhya*(Brain tonic), *Saraka* (Laxative), *Swarya*(Improves voice). It alleviates *Visphota*(Boils).

BRAMHI^[9]. *Bacopa monnieri* Linn, Plantaginaceae- A variety of *Suvarchala*. The *Bramhi* is *Saumya*(Cold in potency), *Tikta*(Bitter) in taste, *Agnidipana* (Appetizer). It subsides *Shotha*(Edema), *Pandu*(Anemia), *Jwara*(Fever), *Kusta*(Skin diseases), *Kandu*(Itching), *Pleeha* (Splenomegaly), *Vata* and *Kapha Doshas*.

NAKULI^[9]. *Rouwolfia serpentina* Benth ex Kurz, Apocynaceae. The *Nakuli* is *Katu*(Pungent), *Tikta*(Bitter), *Ushna Virya*(Hot in potency). It alleviates *Mushika Visha*(Rat poisoning), *Krimi*(Worms).

GANDHA NAKULI(Sarpakshi)^[10]. *Ophiorrhiza mungos* Linn, Rubiaceae. The *Sarpakshi* is *Katu*(Pungent), *Tikta*(Bitter). It alleviates *Vrischika*(Scorpion poisoning), and *Sarpa Visha*(Snake poisoning), *Vrina Ropana* (Heals wounds and fractures).

VRIDDHADARU^[10]. *Argyria speciosa* Sweet, Convolvulaceae. The *Vridhdharu* is *Katu*(Pungent), *Tikta*(Bitter), *Ushna Virya*(Hot in potency). It subsides *Kapha* and *Vata Doshas*, *Shotha*(Edema), *Krimi*(Worms), *Prameha*(Urinary disorders including diabetes), *Rakta* and *Vata Doshas*, *Udara Roga*(Abdominal diseases).

RAKTAPADI (LAJJALU)^[10]. *Mimosa pudica* Linn, Leguminosae. The *Lajjalu* is *Katu*(Pungent), *Sheeta Virya*(Cold in potency). It alleviates *Shotha*(Edema), *Daha*(Burning sensation), *Shrama*(Fatigue), *Shwasa*(Dyspnoea), *Vrina*(Wounds and ulcers), *Kustha*(Skin diseases), *Kapha* and *Rakta Doshas*.

VISHWAGRANTHI (HAMSAPADI)^[10]. *Adiantum lunulatum* Burm, Polypodiaceae. The *Hamsapadi* is *Sheeta Virya*(Cold in potency). It alleviates *Daha*(Burning sensation), *Visarpa*(Herpes), heals wound and ulcers.

SHANKHAPUSHPI^[10]. *Convolvulus pluricaulis* Choisy, Convolvulaceae. The *Shankhapushpi* is *Katu*(Pungent),

Tikta(Bitter) in taste, *Medhya*(Brain tonic), *Rasayana*(Reguvenating), *Ushna Virya*(Hot in potency). It alleviates *Bhutabhadha*, *Kasa*(Cough), *Pitta*, *Kapha Doshas*, *Visha*(Poison effects), *Apasmara*(Epileptic attacks).

VISHNUKRANTA^[11]. A variety of *Shankhapushpa*. The *Vishnukranta* is *Katu*(Pungent), *Tikta*(Bitter), subsides *Kapha* and *Vata* diseases.

TANDULIYA^[11]. *Amaranthus spinosus* Linn, Amaranthaceae. The *Tanduliya* subsides *Visha*(Poison), *Ruksha*(Dry), *Atisheeta*(Cold in potency), *Pavitra*(Auspicious), *Madhura*(Sweet in taste), *Madhura Vipaka*(Sweet at post digestive effect), subsides *Raktapitta* (Bleeding diseases).

KASAMARDA^[11]. *Cassia occidentalis* Linn, Leguminosae. The *Kasamarda* is *Tikta*(Bitter), *Madhura*(Sweet) in taste, *Kapha-Vatashamaka*(Subsides *Kapha* and *Vata Doshas*), *Pachana*(Appetizer), *Kanthashodhana*(Cleanses throat).

IKSHU^[11]. *Saccharum officinarum* Linn, Gramineae. The *Ikshu* is *Saraka*(Laxative), *Guru*(Heavy), *Snigdha*(Demulcent), *Brimhana*(Nourishing), *Mutrala*(Diuretic), *Shukravardhaka*(Increases semen), *Sheeta Virya*(Cold in potency), *Vatashamaka* (Subsides *Vata Doshas*). Aggravates *Vata Doshas* after immediate consumption of food.

KASHA^[12]. *Saccharum spontaneum* Linn, Graminae. The *Kasha* is *Madhura*(Sweet), *Tikta* (Bitter) in taste, *Madhura Vipaka*(Sweet at post digestive effect), *Sheeta Virya*(Cold in potency), *Tarpana* (Rehydration), *Balavardhaka* (Promotes strength), *Shukravardhak*(Increases semen), *Sheeta Virya*(Cold in potency), alleviates *Shrama*(Fatigue), *Shosha*(Dehydration), *Kshaya*(Tuberculosis), *Raktapitta*(Bleeding diseases), *Mutrakrichra*(Dysuria).

MUNJA^[13]. *Saccharum munja* Roxb, Graminae - The *Munja* is *Ishat Ushna*(Mild hot in potency), *Madhura*(Sweet), *Sheeta Virya* (Cold in potency). It subsides *Raktavikara* (Bleeding diseases), *Mutrashaya Vikara*(Bladder diseases),

Netraroga (Eye diseases), *Pitta Dosha*, *Daha*(Burning sensation), *Trishna*(Excess thirst).

DARBHA^[13]- *Imperata cylindrica* Beauv, Gramineae. The *Darbha* is *Pavitra* (Auspicious), *Sheeta Virya*(Cold in potency), alleviate *Raktapitta*(Bleeding diseases), *Mutrakrichra*(Dysuria), *Pitta Dosha*.

SHARA^[13]- *Tripidium bengalense* (Retz) H.Scholz. Poaceae. The *Shara* is *Madhura*(Sweet), *Tikta*(Bitter) in taste, *Kinchit Ushna*(Mild hot in potency), *Balya* (Promotes strength), *Shukrala*(Increases semen). It alleviate *Mada*(Intoxication), *Bhrama*(Confusion), *Kapha Dosha*.

VAMSHA^[13]- *Bambusa arundinacea* Willd, Gramineae. The *Vamsha* *Ankura* is also called as *Vamshaparva*, Paru. The *Vamsha* is *Amla*(Sour), *Kashaya*(Astringent), *Katu* (Pungent), *Tikta*(Bitter), *Sheeta Virya*(Cold in potency). It alleviate *Mutrakrichra* (Dysuria), *Prameha*(Urinary disorders including diabetes), *Arsha*(Haemorrhoids), *Pitta Dosha*, *Daha*(Burning sensation), *Raktavikara*(Bleeding disorders).

NALA^[14]- *Phragmites kirka* Trin, Gramineae. The *Nala* is *Sheeta Virya*(Cold in potency), *Kashaya*(Astringent). It alleviates *Pitta* diseases, *Mutravikara* (Urinary diseases).

MAHANALA^[14]-*Lobelia nicotianifolia* Linn, Campanulaceae. A variety of *Nala*. This drug is used in *Parada Samskara*(Purification of mercury).

DURVA^[14]- *Cynodon dactylon* (Linn) Pers, Gramineae. The *Durva* is *Sheeta Virya*(Cold in potency), *Kashaya*(Astringent), *Raktapittahara*, *Kaphahara*(Subsides bleeding diseases, *Kapha Dosha*).

PUNDARIKA^[14]- *Nymphaea caerulea* Nymphaeaceae. The *Pundarika* is *Shweta Kamala*. It is *Sheeta Virya*(Cold in potency), *Tikta*(Bitter), *Madhura*(Sweet) in taste. It subside *Pitta Dosha*, *Daha*(Burning sensation), *Rakta Vikara*(Bleeding diseases), *Shosha*(Emaciation), *Pipasa* (Excess thirst), *Bhrama*(Confusion).

SAUGANDHIKA^[14]- *Hedychium coronarium* J. Koenig, Zingiberaceae. The

Neelakamala is *Sheeta Virya*(Cold in potency), *Madhura*(Sweet) in taste, *Sugandhita* (Aromatic), *Ruchikara* (Promotes taste), *Rasayana*(Reguvinating), *Dehadardhyakara* (Promotes weight and strength), *Keshya*(Hair tonic). It alleviates *Pitta Dosha*.

RAKTAPADMAM- RAKTOTPALA^[14]- *Nymphaea nelumbo* Linn, Nymphaeaceae- The *Rakta Kamala* is *Sheeta Virya*(Cold in potency), *Tikta*(Bitter), *Madhura*(Sweet) in taste. It subside *Pitta* diseases, *Daha*(Burning sensation), blood disorders.

KUMUDAM^[15]- *Nymphaea pubescens* Willd, Nymphaeaceae- A variety of *Pundarika*. The *Kumuda* is *Sheeta Virya*(Cold in potency), *Madhura*(Sweet), *Tikta*(Bitter) in taste, *Madhura Vipaka* (Sweet at post digestive effect). It alleviate *Kapha Dosha*, *Rakta Dosha*(Blood diseases), *Daha*(Burning sensation), *Shrama*(Fatigue) and *Pitta Dosha*.

PADMINI^[15]- *Nelumbo nucifera* Gaertn, Nelumbonaceae. The *Padmini* is *Sheeta Virya*(Cold in potency), *Ruksha*(Dry), subside *Kapha* and *Pitta Doshas*.

PADMABEEJA^[15]- The *Padmabeeja*(Seeds of Lotus) is *Madhura*(Sweet), *Tikta*(Bitter) in taste. *Garbha Sthapana*(Prevents recurrent abortion), *Raktapitta Shamaka*(Subsides bleeding disorders), *Vata Vardhaka*(Aggravates *Vata Dosha*).

MRINALA^[15]- The *Kamala Naala* is known as *Mrinala*. The *Kamalanaala* is *Avidahi*(Does not cause burning sensation), *Visthambhi*(Causes constipation), *Madhura*(Sweet) in taste, *Ruksha*(Dry), *Durjara*(Hard to digest), aggravates *Vata Dosha*.

PADMA MOOLAM^[15]- The root of *Kamala*(Lotus). The root of *Kamala* is *Kashaya* (Astringent), *Tikta*(Bitter), *Madhura Vipaka*(Sweet at post digestive effect), *Sheeta Virya*(Cold in potency), subsides *Raktapitta*(Bleeding diseases).

PADMAKESHARA^[16]- The stamens of *Kamala* (Lotus). The *Kamalakeshara* is *Kashaya*(Astringent), *Sheeta Virya*(Cold in potency), *Ruksha*(Dry), subside *Pitta Dosha*, *Raktapitta*(Bleeding diseases),

Trishna(Excess thirst), *Kshaya*(Emaciation or tuberculosis).

CONCLUSION

The most of the drugs are small and have the significant therapeutic actions on poisonous effects. The drugs have *Katu Rasa* (Pungent in taste), *Ushna Virya* and *Katu Vipaka*. This group mainly used as *Vishaghna*(Subsides the Poison effects).

The *Kandira Jalapippali*, *Rasona*, *Grinjana*, *Palandu*, *Durduma* are used in the *Kriminashana*(Worms infestation). The *Kadali*, *Sindhuvara*, *Nirgundi*, *Aparajita*, *Jantukara*, *Bharangi*, *Varahikanda*, *Mamsarohini*, *Suryakanta*, *Nakuli*, *Gandhanakuli*, *Vidhara*, *Raktapadi*, *Shankhapushpi*, *Tanduli*, *Kasamarda* these drugs are triturated in goat's urine and used as *Nasya* as well as *Dhooma*(Smoking) alleviate *Grahadosha-Bhuta-Graha-Unmada* (Psychological issues), *Murcha* (Giddiness) *Mutrakrichra*(Dysuria), *Lootavisha* (Spider poisoning), *Jwara* (Fever) *Kritrima* and *Jangama Visha* (Artificial poison) effects, *Sarpa Visha* (Snake poisoning), Scorpion bite. The *Ikshu*, *Kasha*, *Darbha*, *Kusha*, *Shara*, *Vamsha*, *Nala*, *Durva*, *Shweta*, *Neela*, *Rakta Kumuda*, *Kamala*, *Kamalabeeja*, *Kamalanala*, *Kamalakeshara* are used in *Raktapitta Vikara*(Bleeding diseases).

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